## THE VALUES OF NATURE ZEN



This place is designed for rest, nature, and inner peace. Here, every visitor, young and old, is invited to cultivate gentleness and respect for others.

## **OUR COMMITMENTS:**

- Provide an environment conducive to calm, relaxation and reconnection with oneself.
- Promote human relationships based on kindness, listening and diversity.
- Protect and respect nature, our environment.

## WHAT WE ASK OF YOU:

- Ensure a calm atmosphere is maintained.
- Avoid sudden or intrusive noises. Limit shouting, noisy play, or agitated behavior.
- Accompany children gently, helping them understand the spirit of the place.
- Respect rest times, silence, retreats and ongoing wellness activities.
- Pay attention to our environment by sorting your waste, saving water and respecting flora and fauna.

This place is a bubble. Every action we take helps preserve the peaceful atmosphere that benefits everyone.